

VALHALLA SWIMMING/DIVING SCHEDULE 2015



DAY	DATE	OPPONENT	LOCATION	TIME	LEVELS
Sat.	28-Feb	Helix Free Meet	Helix HS	TBA	Var/JV
Fri.	6-Mar	League Relays	West Hills HS	TBA	Varsity
Wed.	11-Mar	La Jolla	Valhalla HS	3:30p	All
Fri.	13-Mar	Helix	Valhalla HS	4:00p	All *
Wed.	18-Mar	Helix Novice Invite	Helix HS	TBA	1st Yr Fr/So
Sat.	21-Mar	Villanova Prep Invite	Ojai, CA	TBA	Varsity
Wed.	25-Mar	Fallbrook	Fallbrook HS	4:00p	All
Fri.	10-Apr	Grossmont	Valhalla HS	4:00p	All *
Sat.	11-Apr	Monte Vista JV Invite	M.Vista HS	TBA	JV
Fri.	17-Apr	Steele Canyon	S.Cyn HS	4:00p	All *
Fri.	24-Apr	Granite Hills	G.Hills HS	4:00p	All *
Sat.	25-Apr	Draz Iron Relays	Del Norte HS	TBA	Varsity
Fri.	1-May	West Hills	West Hills HS	4:00p	All *
Mon.	4-May	Dive League Champ.'	G.Hills HS	3:00p	Diving
Tues.	5-May	Swim JV League Prelims	G.Hills HS	3:30p	JV
Wed.	6-May	Swim V League Prelims	G.Hills HS	4:30p	Varsity
Thurs.	7-May	Swim JV League Champ.'	G.Hills HS	4:30p	JV
Fri.	8-May	Swim V League Champ.'	G.Hills HS	5:30p	Varsity
Sat.	9-May	11-Dive Challenge	Fallbrook HS	TBA	Diving
Mon.-Sat.	11-16 May	CIF Prelims/Champ.'	G.Hills HS	TBA	Varsity
Fri.-Sat.	22-23 May	State Championships	Clovis, CA	TBA	Varsity

\* - denotes league game

Head Coach: Page Small	619-204-4081	<a href="mailto:psmall@guhds.net">psmall@guhds.net</a>
Asst. Coach: Kent Houston		<a href="mailto:khouston1@cox.net">khouston1@cox.net</a>
Diving Coach: Paul Higginson		<a href="mailto:pjhigginson@me.com">pjhigginson@me.com</a>
JV Coach: B Steena Harriman		<a href="mailto:sharriman@guhds.net">sharriman@guhds.net</a>
Asst. Coach: Zack Mitchell		<a href="mailto:zackmitchell1996@gmail.com">zackmitchell1996@gmail.com</a>
Asst. Coach: Riley Bando		<a href="mailto:rileybando@yahoo.com">rileybando@yahoo.com</a>
AD: Robert Wilson	619-593-5300	<a href="mailto:rwilson@guhds.net">rwilson@guhds.net</a>
Athletic VP: Sam Lund	619-593-5300	<a href="mailto:slund@guhds.net">slund@guhds.net</a>
Principal: Mary Beth Kastan	619-593-5300	<a href="mailto:mkastan@guhds.net">mkastan@guhds.net</a>

**Girls CIF DIVISION CHAMPIONS - 1981**

**Boys CIF DIVISION CHAMPIONS - 2012, 2005, 2003, 2001, 2000, 1985**

**Girls CIF DIVISION RUNNER-UP - 2011, 2010, 1986, 1983, 1980, 1978**

**Boys CIF DIVISION RUNNER-UP - 2011, 2006, 2004, 1998, 1988, 1987, 1983**

**Girls LEAGUE CHAMPIONS - 2014-2012, 2001-1980**

**Boys LEAGUE CHAMPIONS - 2012, 2008, 2006-1997, 1992-1990, 1988-1977**