VALHALLA SWIMMING/DIVING SCHEDULE 2016

DAY	DATE	OPPONENT	LOCATION	TIME	LEVELS	
Sat.	27-Feb	Helix Free Meet	Helix HS	TBA	Varsity	
Fri.	4-Mar	League Relays	West Hills HS	TBA	Varsity	
Thurs.	10-Mar	La Jolla	La Jolla HS	2:00p	All	
Wed.	16-Mar	Helix Novice Invite	Helix HS	TBA	1st Yr Fr/So	
Fri.-Sat.	18-19 Mar	Villanova Prep Invite	Ojai, CA	9:00a	Varsity	
Fri.	1-Apr	West Hills	Valhalla HS	4:00p	All	*
Fri.	8-Apr	Helix	Helix HS	4:00p	All	*
Fri.	15-Apr	Grossmont	Grossmont HS	4:00p	All	*
Sat.	16-Apr	Monte Vista JV Invite	M.Vista HS	TBA	JV	
Fri.	22-Apr	Steele Canyon	Valhalla HS	4:00p	All	*
Sat.	23-Apr	Draz Iron Relays	Del Norte HS	TBA	Varsity	
Fri.	29-Apr	Granite Hills	Valhalla HS	4:00p	All	*
Mon.	2-May	6-Dive League Champ.'	G.Hills HS	3:00p	Diving	
Tues.	3-May	Swim JV League Prelims	G.Hills HS	3:30p	JV	
Wed.	4-May	Swim V League Prelims	G.Hills HS	4:30p	Varsity	
Thurs.	5-May	Swim JV League Champ.'	G.Hills HS	4:30p	JV	
Fri.	6-May	Swim V League Champ.'	G.Hills HS	5:30p	Varsity	
Sat.	7-May	11-Dive Challenge	Fallbrook HS	3:00p	Diving	
Th.-Sat.	12-14 May	CIF Prelims/Champ.'	G.Hills HS	TBA	Varsity	
Fri.-Sat.	20-21 May	State Championships	Clovis, CA	TBA	Varsity	

* - denotes league game

Head Coach: Page Small	619-204-4081	psmall@guhsd.net
Asst. Coach: Kent Houston		khoust1@gmail.com
Diving Coach: Paul Higginson		pjhigginson@me.com
JV Coach: Steena Harriman		sharriman@guhsd.net
JV Coach: Zack Mitchell		zackmitchell1996@gmail.com
Development Coach: Riley Bando		rileybando@yahoo.com
Athletic Dir.: Robert Wilson	619-593-5300	rwilson@guhsd.net
Athletic VP: Eric Jesperson	619-593-5300	ejesperson@guhsd.net
Principal: Mary Beth Kastan	619-593-5300	mkastan@guhsd.net

Girls CIF DIVISION CHAMPIONS - 1981
Boys CIF DIVISION CHAMPIONS - 2012, 2005, 2003, 2001, 2000, 1985
Girls CIF DIVISION RUNNER-UP - 2011, 2010, 1986, 1983, 1980, 1978
Boys CIF DIVISION RUNNER-UP - 2011, 2006, 2004, 1998, 1988, 1987, 1983
Girls LEAGUE CHAMPIONS - 2015-2012, 2001-1980
Boys LEAGUE CHAMPIONS - 2015, 2012, 2008, 2006-1997, 1992-1990, 1988-1977

Revised: 1/21/16