



Boys & Girls Cross Country 2014

Monday Aug 11th / TBA first day of practice

Tuesday Sept. 2nd / first day of school

Friday	Aug 22	(Norsemen Mile/2 mile - Time Trial)	@ Valhalla
Friday	Aug 29	Wolf Pack Invite	@ West Hills
Friday	Sept 12	Mustang Invitational	@ Rohar Park
Saturday	Sept 20	Carmel Mountain Invitational	@ Morley Field
Saturday	Sept 27	Stanford Invitational/TBA	@ Stanford Univ.
<u>Friday</u>	<u>Oct 3</u>	<u>El Capitan</u>	<u>@ Valhalla</u> ***
<u>Friday</u>	<u>Oct 10</u>	<u>Grossmont</u>	<u>@ Griffen Park</u> ***
<u>Friday</u>	<u>Oct 17</u>	<u>Helix</u>	<u>@ Valhalla</u> ***
Friday	Oct 24	(Norsemen Mile/2 Mile – Time Trial)	@ Valhalla
Saturday	Oct 25	Mt. Sac Invitational/TBA	@ Mt. SAC
<u>Thursday</u>	<u>Oct 30</u>	<u>Monte Vista</u>	<u>@ Monte Vista</u> ***
<u>Thursday</u>	<u>Nov 6</u>	<u>Steele Canyon</u>	<u>@ Steele Canyon</u> ***
<u>Saturday</u>	<u>Nov 15</u>	<u>Grossmont Conference League Finals</u>	<u>@ West Hills</u> ***
Saturday	Nov 22	CIF Finals	@ Morley Field
Saturday	Nov 29	State Finals	@ Fresno

Head Coach Carter Yarbrough (619) 316-3422

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